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# The Morris Guild of Psychotherapy

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## **Client Information Sheet**

Name:	Date:
Address:	
	Zip:
Phone numbers with area code Home: (	)
Work: ( )	Cell: ( )
Email:	
	Social Security Number:
Employer:	
	For how long?
Education:	
	Significant other's name:
Significant other's age and sex:	How long together?
Names and ages of all children (please inc	dicate if they live with you or not):
How did you hear about The Morris Guild	d of Psychotherapy?
Who shall we contact in case of emergence	y?
Name:	Phone ( )
What kind of problem brings you to Th	ne Morris Guild of Psychotherapy?

## Medical and Health History

Physician(s):	Address(es):		
City:	State:	ZIP:	

Physician's phone number: (\_\_\_\_)

Date of your most recent physical examination:

#### Please list all current or past health problems, and any major operations:

Current	Past

#### Please list all current medications and dosages: (feel free to use other side of paper if more)

Name of Medication	Dosage	Name of Prescribing	When did you
		Doctor	When did you start taking it?

List all psychotherapists or psychiatrists you have seen, and dates you saw them:

Substance Abuse

Are you currently using substances legal or illegal? \_\_yes or no (check one)

Are you a reformed or ex-substance abuser? If so, please indicate substance and how long not using.

List any substance abuse treatment or inpatient psychiatric treatment you have had, and the dates:

### Please indicate which of these substances you currently use:

Substance	Amount used	How often?
Cigarettes		
Alcohol		
Pills not prescribed for me		
Marijuana		
Cocaine or crack		
LSD		
Heroin		
Other (please list):		

#### **Background/other areas**

# Religion or spiritual practices:

<u>Any problems with debt or</u> gambling?

### What is ethnic/cultural background?

# Please indicate if you are having any of the following problems, or if you had them in the past:

	 I had it in the past
Difficulty falling asleep or staying asleep	 F
Sleeping too much	 
Change in appetite, weight loss, or weight gain	 
Frequent crying	 
Panic attacks or anxiety attacks	
Thoughts of killing or hurting myself	
Attempts to kill or hurt myself	 
Problems concentrating	
Problems remembering things	 

	I have	I had it
t	his now	in the past
Periods of daily sadness lasting more than two weeks		
I startle easily		
Can't stop remembering upsetting past events	_	
Difficulty controlling my temper		
I physically hurt other people	_	
I break things sometimes		
I worry a lot		
Little or no interest in sex		
I feel tired almost every day		
Feelings of unreality		
Made myself throw up in order to lose weight		
Used laxatives or exercised excessively to lose weight	- 	
I often feel like I am an outsider		
Sexual problems		
Worry that something is wrong with my body		
Frequent arguments with the people I live with		
I hear voices inside my head		
Other (please list):		

Is there anything else I should know about you that was not stated above?

Signature

Date